

Sometimes children with ADHD can feel as if a lot of things go wrong.

However, we know all children have a lot of gifts and talents! Here, you can make a list of your talents! We already know a few for sure...

Helping other children with ADHD by participating in the ADDUCE study

Being very spontaneous and open



Being able to design creative solutions to problems



Attention Deficit Hyperactivity Disorder (ADHD)

People having ADHD sometimes feel **restless** and **fidgety** and sometimes find it **hard to concentrate**. A lot of children and young adults are given medication called **methylphenidate** to help with this.

However, sometimes medicines like methylphenidate may have some unwanted effects. These are called '**side-effects**'.

Our study on side-effects of methylphenidate

We set out a study (called ADDUCE) to help us find out what side-effects people get and why some people get side-effects and others don't.

Lots of children, adolescents and adults **across all Europe** already took part in our study and you are one of them!



So far, more than **1500 children, adolescents and adults** with and without ADHD participated in the study!

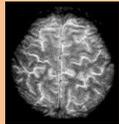
United Kingdom		307
The Netherlands		77
Germany		184
Hungary		572
Spain		23
Italy		362

What happens during the ADDUCE study?

When you joined the study, you and your parents had to come to visit the hospital a few times to answer some **questions** about yourself, your medication, how you were behaving in school and at home, and some questions about drinking alcohol, taking drugs and if you ever wanted to hurt yourself.



The doctors also did some simple **tests** like measuring how tall you were, how much you weighed and how your heart was beating.



We might also have taken an inside picture of your **brain** or **wrist**.



THANK YOU VERY MUCH FOR YOUR HELP!



Thanks to you, we have already gathered **lots of information** so we can know a lot more about methylphenidate than ever before!

PLEASE CONTINUE YOUR VISITS: WE STILL NEED YOU!

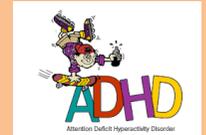
So we can learn more about the effects of methylphenidate, especially when children are taking the medicine **for a long time!**



ADHD AND ADDUCE QUIZ!

What do you know about ADHD and the ADDUCE study?
You might get some help from the ADDUCE website!

www.adhd-adduce.org



- The core features of ADHD are
 - inattention, impulsivity and overactivity
 - sadness, laziness and impulsivity
 - sleepiness, inattention and nausea
- ADHD affects
 - an equal amount of boys and girls
 - more boys than girls
 - more girls than boys
- Treatments that are most likely to help ADHD symptoms are
 - psycho-education, parent training and stimulant medication
 - parent training, psycho-education and playing games
 - stimulant medication, parent training and meeting friends



- In the ADDUCE study, long term side-effects of the following medication are investigated
 - atomoxetine
 - dextroamphetamine
 - methylphenidate



- In the ADDUCE study, children and adolescents from the following countries help us out
 - Hungary, Spain, United Kingdom, Germany, Denmark and Greece
 - the Netherlands, Hungary, Spain, Italy, Germany and United Kingdom
 - United Kingdom, Italy, Hungary, the Netherlands, France and Portugal